

# Workplace Coach Training

## Who this program is for:

This program is suitable for anyone who wishes to coach formally in an organisation, those who want to apply coaching skills to their management style, or those who wish to add coaching to their skills set.

## About this program:

The role of the manager is to motivate, encourage and inspire staff; to ensure optimum performance levels of individuals and teams are met. To deliver clear expectations, give quality feedback and acknowledge their people – in other words, to be a great coach.

The Workplace Coach Training Program is a comprehensive two-month program that has been developed specifically for managers who want to adopt a coaching style of management and those who want to formally coach others within an organisation.

The training is delivered over two months, combining both live training and teleclasses. Participants then undergo a further two months of mentoring, ensuring that they have the best possible support for ongoing success.

## Objectives

1. Participants have an understanding of the application of workplace coaching
2. Participants have developed strong coaching communication skills
3. Participants have new distinctions, structures, resources and tools for coaching people within an organisation

## Format

3 days of live training, followed by 8 weekly teleclasses. Upon completion of the initial training there will be 6 hours of group mentoring to embed the learning. Each participant will also complete a live 1.5 hour assessment with a qualified Results Assessor.

## What you get:

- 600 page Workplace Coach Training participant manual
- Proven coaching structure, techniques and tools
- Book: Quiet Leadership by David Rock
- Access to online coach only area (Coach Resources)
- Materials and resources for coaching sessions
- Downloadable live coaching conversations online, demonstrating coaching models in action that cover common issues that arise in coaching
- Access to the Results Global Community, including Regional Groups.
- Mentoring for life, with a Senior Results Coach

## Participant Feedback

*"This program exceeded my expectations because it challenged my way of thinking and offered a logical structure and framework to work with."*

**KH, Manufacturing corporation participant**

*"All the participants were hugely enthusiastic about the course. We found the training to be incredibly thorough and the process very comprehensive. The managers trained have began coaching staff formally and are all impressed by the power and impact the coaching is having on their coachees".*

**JK, Public sector participant and project coordinator**

*"One of the best courses I've ever experienced. Brilliant instructional design, world class use of adult learning principles."*

**JW, Financial services corporation participant**

## Benefits for participants:

- Enhanced communication techniques
- Skills to enhance personal performance & the performance of others
- The ability to deal effectively with conflict
- Enhanced ability to resolve personal dilemmas and those of others
- Shorter, more productive team meetings
- A transferable coaching qualification
- A greater understanding of how the brain works in relation to management of staff