Team Coach Training

Apply 1-to-1 coaching to teams

Results Coaching Systems

Coach specific training hours: 18.5

Who this program is for:

This program is suitable for any coach who has had at least 2 clients, team leaders and executives who are coaching either formally or informally within their organisation.

About this program:

The program takes the brain-based coaching models learned during the Workplace Coach Certification or Intensive Coach Training Program, and applies them to the context of teams.

The curriculum covers what makes successful teams thrive, the stages teams go through as they develop, and how to translate 1:1 coaching to a team using the CO-CREATE model.

The program contains both theoretical and practical work, as well as a focus on experiencing first hand what it is like to be coached and to coach within a team environment. It is very rich in tools that students can start to use immediately.

Objectives

1. Participants have an understanding of key issues and challenges faced by individuals within teams.
2. Participants understand the dominant theories of teams and can better anticipate the dynamics of a team environment.
3. Participants have new distinctions, structures, resources and tools for working with or coaching teams of people.
4. Participants learn how to design team coaching engagements.

Format

Two day live training workshop plus three group tele-conferencing classes. *Sessions may include theory, discussion, tools, role-plays, group work, case studies and readings.*

What you get

- Team Coach Training Participant Manual
- Team coaching structure, techniques and tools
- Network group or other team coaches

Participant feedback:

'Thanks for developing such a rich and thought-provoking course'

'The topics covered and the order of presentation really worked'

'Getting a different context for my coaching skills will stretch and grow them; it will add a lot to my current group facilitation programs'

'I can move forward powerfully into this area of coaching now'

'It really worked to have participants listening and learning from the two perspectives – team player and team coach'

'Loved the CO-CREATE model and the training we did on this'

Topics covered:

- Defining team coaching
- What makes a team successful
- The Results team coaching model: CO-CREATE
- Team coaching vs 1-on-1 coaching
- Stages of team development and typical team dynamics
- Elements of team coaching sessions
- The CO-CREATE model step by step
- Qualities of a great team coach
- Facilitation skills of team coaching
- Working as a team coach
- Components of a team coaching series
- Marketing yourself as a team coach – the benefits of team coaching and how to talk about them