

Coach specific training hours: 12

### Who this program is for:

This course is designed for coaches who already have experience in the areas of personal, business or executive coaching and are looking to take their coaching to the next level.

### About this program:

As we become more experienced as coaches we look for tools to give clients more extraordinary results with greater ease. This course is designed to give you processes and tools specifically aimed at giving clients deeper insights, new awareness or breakthroughs.

The course will include and focus on role plays, group discussion, case studies around generating breakthroughs, dealing with breakdowns in coaching, challenging clients, project blueprint and other skills and tools for helping clients develop insights.

### Objectives:

1. Coaches have learned how to use several powerful tools to increase their effectiveness in coaching
2. Coaches have the ability and confidence to deal with challenging situations and clients
3. Coaches have significantly increased their ability to facilitate awareness and change with their clients
4. Coaches have a deeper understanding of 3 core ICF Competencies

### Format:

8 x 90 minute teleconference classes

Sessions may include theory, discussion, tools, role-plays, group work, case studies and readings.

### What you get:

- Coach's Toolkit participant notes
- A toolkit of structures, techniques and tools for working with clients
- Network of other like-minded people
- 12 hours of coach specific training

### Participant feedback:

*"In terms of expectations this course delivered far more than I had expected and I would confidently recommend this course to anyone who wants to expand their coaching knowledge and processes"*

*"I have always really liked the 'Dance of Coaching' concept and feel that I have moved from waltzing to doing the Tango by the end of Coaches Toolkit"*

*"By far the best of the advanced modules I have taken so far, chock full of tips, techniques, resources and exercises. I'd recommend it to anyone!"*

*"The program is well structured and full of information which new coaches need early on in their work with clients"*

*"Thank you so much once again for making a difference in my life"*

*"I feel so inspired to get going now, my knowledge base is definitely wider and I feel much more confident taking my clients to a deeper level"*

### Topics include:

- Strengthening the foundations
- Wheel of Balance tool
- Values tool
- Deep placement
- Visioning tool
- 'Project Blueprint'
- Challenging clients & situations
- Creating deep awareness
- Breakthrough tool
- Identifying habits
- Changing sabotaging behaviour
- Alternative coaching models
- Developing new tools

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